

LENGUA DE RES (BEEF TONGUE)



INGREDIENTS

Beef Tongue
Water, Salt
Garlic Powder.

NUTRITION FACTS

Serving Size: (100g)

Amount per Serving

CALORIES 150

% Daily Value*

Total Fat	11g	14%
Saturated Fat	4.5g	23%
Trans Fat	0g	
Cholesterol	60mg	20%
Sodium	510mg	22%
Total Carbohydrate	3g	1%
Dietary Fiber	0g	0%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	10g	
Vitamin D	0mcg	0%
Calcium	5mg	0%
Iron	2mg	10%
Potassium	210mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**GLUTEN
FREE**

**0g
TRANS FAT
PER SERVING**

**MILK
FREE**

Product Code	UPC Number	Product Description	Pkgs/Case	Weight /pkg (lbs)	Net wt/ cs lbs	Gross wt/ cs lbs	Tie	High	Case/Pallet	Case Dimensions	Master Case Cube
204	829793002049	Lengua de Res (Beef Tongue)	4	5	20	21.5	11	5	55	14.3x10.3x8.6	0.73