

TAMALES DE POLLO EN SALSA VERDE (CHICKEN TAMALES IN GREEN SAUCE)



**GLUTEN
FREE**

**0g
TRANS FAT
PER SERVING**

INGREDIENTS

MASA: [WHOLE COOKED CORN (CORN TREATED WITH LIME WATER), LARD, RICE FLOUR, SALT].

FILLING: [CHICKEN LEG MEAT, TOMATILLO, FIRE ROASTED POBLANO PEPPERS, WATER, GROUND WHITE CORN MASA FLOUR (TRACE OF LIME), SALT, GARLIC POWDER.

NUTRITION FACTS

Serving Size: 1 Tamale 5oz (142g)

Amount per Serving

CALORIES 270

% Daily Value*

Total Fat 17g	22%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 500mg	22%
Total Carbohydrate 19g	7%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 100mg	8%
Iron 2mg	10%
Potassium 202mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Product Code	UPC Number	Product Description	Pkgs/Case	Weight /pkg (lbs)	Net wt/ cs lbs	Gross wt/ cs lbs	Tie	High	Case/Pallet	Case Dimensions	Master Case Cube
124	829793001243	Tamales de Pollo en Salsa Verde (Chicken Tamales in Green Sauce)	12/4ct	1.25	15	16.5	11	5	55	14.3x10.3x8.6	0.74