

# TAMALES DE QUESO CON RAJAS

## (CHEESE AND GREEN CHILE TAMALES)



**VEGETARIAN**

**GLUTEN FREE**

**0g**  
TRANS FAT  
PER SERVING

### INGREDIENTS

MASA :[Whole Cooked Corn (Corn treated with lime water), Canola oil, Rice flour, Salt].

FILLING: Cheese (Cultured Milk, Water, Cream, Skim Milk, Sodium Phosphates, Salt, Enzymes), Green Chilies (green chilies, citric acid).

### NUTRITION FACTS

Serving Size: 1 Tamale 5oz (142g)

Amount per Serving

**CALORIES 330**

% Daily Value\*

Total Fat 23g	29%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 35g	12%
Sodium 490mg	21%
Total Carbohydrate 22g	8%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 350mg	25%
Iron 1mg	6%
Potassium 147mg	4%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.% Daily Value\*

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Product Code	UPC Number	Product Description	Pkgs/ Case	Weight /pkg (lbs)	Net wt/ cs lbs	Gross wt/ cs lbs	Tie	High	Case/Pallet	Case Dimensions	Master Case Cube
129	829793001298	Cheese & Green Chile Tamale (Tamales de Queso con Rajas)	12/4ct	1.25	15	16.5	11	5	55	14.3x10.3x8.6	0.74