

# CHEESE AND BELL PEPPER PUPUSAS

## INGREDIENT DECLARATION

Masa: Whole Cooked Corn, Canola oil, Cultured dextrose, Salt. Trace of Lime.  
 Filling: Mozzarella cheese (pasteurized part skim milk, cheese culture, salt, enzyme), Water, Monterey Jack cheese (pasteurized milk, cheese culture, salt, enzymes), Green bell pepper, Potato starch.



Nutrition Facts	
5 servings per container	
Serving size 1 Pupusa 5.3 oz (150g)	
Amount per serving	
<b>Calories</b>	<b>290</b>
	% Daily Value*
Total Fat 12g	15%
Saturated Fat 5g	25%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 4g	
Cholesterol 25mg	8%
Sodium 500mg	22%
Total Carbohydrate 33g	12%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein 12g</b>	
Vitamin D 0mcg	0%
Calcium 269mg	20%
Iron 1mg	6%
Potassium 180mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	



**VEGETARIAN**

**GLUTEN FREE**

**0g TRANS FAT PER SERVING**

Product Code	UPC Number	Product Description	Pkgs/Case	Weight/pkg (lbs)	Net wt/ cs lbs	Gross wt/ cs lbs	Tie	High	Case/Pallet	Case Dimensions	Master Case Cube
702	829793007023	Cheese Pupusas	8/5ct	1.65	13.2	14.7	16	5	80	10x10x7	0.41